

## Zero Point and Alpha Point Perkl-Light Experimental Settings

5/10/2011

These experimental settings have been determined intuitively. You are invited to explore them, and to use them as an example of the kinds of things you can do with your Perkl-Light. You are encouraged to learn to find your own settings using the scanning technique or the blink technique (taught on the blue DVD), muscle-testing, pendulum, or your own intuition. These settings are experimental and should not be used as a substitute for proper medical care.

Just to be clear, the Perkl-Light is not a medical device. It is an experimental chi-generating device. When you tune it into a body part, a body system or process, or an aspect of your consciousness or energy field, you are directing chi toward that body part (etc.), for the purpose of raising its vibration. For example, a setting related to the pancreas is not intended to heal the pancreas in a medical sense, but rather, to send chi to it and thereby, raise its vibration. Spirit and your body will determine how to best utilize the chi, for your highest good.

<b>red</b>	<b>green</b>	<b>blue</b>	<b>intention</b>
110	171	162	Alignment with your life's purpose
255	251	248	Aneurysm
255	142	211	Antinuclear Antibodies (amount and pattern of antibodies in your blood that work against your own body (autoimmune).
78	68	104	Arthritis - sensitivity to pressure changes
239	200	151	Awareness of the blessings in your life
229	251	216	Believe in yourself
49	32	28	Bioenergetic Nourishment at the cellular level
45	52	46	Bioenergetic Nourishment at the cellular level
238	255	171	Blessings - Remembering to look for the blessings in adversity (Really Good!)
167	142	217	Blood pressure and cardiovascular health
101	169	206	Body - "Fluid, flexible, unrestricted"
142	188	140	Brain - put in touch with an injured body part - pain that is not necessary stops.
199	193	92	Caffein - mitigate the effects of
133	149	86	Chill and Integrate - USE FOR A HEALING CRISIS - very helpful
108	230	238	clarity and focus - freedom from limitation
175	136	119	Comfort
54	92	40	Communication unclear (goofing up words, etc.)
130	231	119	Cooperation with Divine Timing
65	152	216	Cooperation with the "Flow"
156	147	148	Discernment - what is the best Spiritual Path for me? (best on Alpha Perkl-Lights)
144	111	86	Discernment - what is the best Spiritual Path for me? (for zero and alpha)
178	185	107	Dissolve crystallizations in muscles/tendons/joints
100	107	100	Drug addiction
133	169	211	Drug addiction - reconnecting with life after drugs
146	95	134	Eating - having energy after - also, helps with limitations
87	184	104	Effective Action
93	123	173	eyes - amblyopia
234	191	127	eyes - astigmatism
2	5	6	Eyes - dry (seems to help with other things, too)
32	120	71	Eyes - energy of eye drops
84	227	180	eyes - floaters in eye
124	162	99	Eyes - focusing on close objects
10	26	85	Eyes - shifting focus quickly from near to far and back

118	133	165	Father - healing relationship with - "let go of any limiting belief that you have to please your dad/be a certain way for your dad/receive your dad's approval"
245	255	138	Flexibility in times of change
58	137	90	Flow - surrendering control to Spirit
208	175	254	Fungus - take advantage of a perceived weakness
153	111	147	Fungus (Hannah Kroger "shin shin shin")
201	222	175	Generosity
139	110	131	Grounding
138	140	196	Guilt
177	179	229	Guilt
72	95	161	Happiness - undercurrent of Happiness
209	189	216	hearing - eardrum
231	253	220	hearing - eustation tubes
92	121	40	hearing - hairs in inner ear responsible for hearing
164	236	208	hearing - teeth in the right place in one's head
105	100	132	How good can you stand it? Most people have a ceiling on how happy they are willing to be and don't even know it. Use this setting to increase your willingness to have your life work with greater happiness, joy, and abundance.
118	158	107	Immune - respond to new threats
16	3	104	Integrate and soothe (healing limitations) (GOOD!)
160	104	31	Integration - help with deep integration that comes with deep tiredness
240	237	194	Interrupting (in a conversation)
205	96	202	Jealousy - affirmation - "I am ok when others receive love"
146	196	179	Judging one's darkness as bad
239	255	198	Just try it and see what happens.
255	255	228	Kangen Water, emulate the energy of... (very nice!)
163	165	107	Lay Lines (geopathic) - issues with
106	124	79	Life force - boost
20	87	105	Listening to your own Truth
207	226	212	Liver and digestive tract toxicity
187	250	246	Living within your means
109	242	206	Manifesting - negatively manifesting by worrying
145	239	156	Maximizing opportunity
164	183	164	Mercury in Retrograde (use for ~4 hr/day)
243	249	235	Mind - alert, sharp and crisp)
230	116	157	Muscle tightness causing pain in the body
190	149	159	Narcolepsy
177	162	138	Neediness
141	177	137	Negativity - help to clear (REALLY GOOD!)
106	152	184	Nerve stretches (energy of)
254	201	183	Open to your life's purpose
189	197	144	overeating
137	164	173	Pancreas
76	255	253	Personal Power - embracing (layer of the onion) REALLY GOOD - SUPPORTS PRODUCTIVITY
197	182	127	Positive attitude
65	52	115	Preparation for a stretch (personal growth)
179	186	209	Productivity
166	235	161	Profitability
222	105	86	Prosperity
209	255	228	Prosperity - adjust "wealth thermostat" higher
251	201	146	Prostate

74	70	139	Prostate - esp shutting off urine stream
247	213	72	Prostate - shut off urine stream
210	251	170	Protection from energetics of fear
175	255	139	Psychic self-protection
170	185	122	Resourcefulness
29	112	28	
			R-space D-space (sacred space - good for productivity and many other things)
167	175	143	R-space D-space (alternate)
255	199	196	Self Control - an energy that would help a dieter turn down chocolate, for eg.
162	187	226	Self Empowerment (Empowerment of Spirit working through you)
240	207	159	Self Esteem
100	255	217	Self-Forgiveness
178	197	212	Self-Punishment (mitigate)
42	129	115	Sleep - adjust to an earlier schedule
106	191	129	Sleep (insomnia)
181	162	92	smoking
0	0	44	Soothe (when chi-deficiencies are uncovered due to powerful growth)
163	173	79	Stillness, calm and nurturing
160	236	192	Support around computers and such - e.g. in an office
128	114	44	Taking on other people's energies (i.e. being over-empathetic)
157	241	177	True Self
180	193	223	True Self (as expressed in the physical body beneath the layers of limitation)
220	109	184	Vitamin D made in the skin
210	235	198	Willingness to receive
176	187	114	wireless signals - Mitigate the effects of (seems to improve mental clarity)